

The book was found

THE LUPUS SCANDAL!! HOW A HORRIFYING DISEASE CAN BE EASILY CURED IN 7 WEEKS WEEKS WITH HIGH DOSES OF VITAMIN D3

THE LUPUS SCANDAL!

**HOW HIGH DOSE
VITAMIN D3
THERAPY CURES
LUPUS IN TWO
MONTHS!!**

**& BIGPHARMA HAS
KNOWN ABOUT IT SINCE
1945!**

Jeff T. Bowles



Synopsis

I recently wrote a book about my self experiments with extremely high doses of the sunshine hormone Vitamin D3. AND in my research I always suspected that high dose D3 should quickly cure Lupus. The book recently recieved a review from a Lupus sufferer which I post as follows:I am very fortunate to have found this ebook. I had a Vit D test on July 25, 2013 and my test number was 18. It did not surprise me because I have been at these low numbers for years and did nothing about it. My doctors were never concerned about it and neither was I since I did not know better. I am female and 54 years old. In 1997 my body started falling apart and fifteen doctors and thousand of dollars spent trying to find a solution to my medical problems. I was referred to different doctors for different problems. I have discoid lupus on my scalp which caused quite a bit of hair loss, horrible skin breakouts and lesions on my scalp, face, chest and arms. I started loosing my eyegrows and eyelashes. Talk about severe stress. I was at stage 5 adrenal fatigue, take thyroid medication and of course medication for the lupus problems. I could not heal with the different medications I took or the healthy foods I ate. I became allergic to the sun. If I did go outside I would break out in welts on my exposed skin. I found the e book and started taking 10,000 of Vitamin D3 with the K2 the following Monday. Four weeks later I had another blood test and my Vitamin D level was at 58. I am now seven weeks taking my Vitamin D3. My eyelashes, eyebrows and hair have started growing back in. I still have a way to go growing my scalp hair back in though. All of my welts have healed!! Nothing I did before would heal my skin. My skin is now very supple, it feels as if I have tons of lotion on. I had a root canal done two weeks ago and was put on penicillin for 10 days (endodontist said I had this problem for over a year) and for 5 of those days I stopped the Vitamin D3. My entire body started hurting again. I felt so bad. I immediately started my vitamins again and I was back to my old self again the next day. I am now able to spend time out in the sun again. It feels so good. Last week I spend time weeding my garden and got bit by several mosquitos. Usually these bites are very uncomfortable and I scratch my skin until it bleeds. NOT this time. I was bit and I did not feel any discomfort whatsoever. My skin never swelled from the bites nor did they itch. For me that was amazing. I have a doctors appointment soon and I will ask for a thyroid test and d level test to see where I am at. I want to get off of my medications. I have been wanting to up my Vitamin D3 to 20-30,000 UI. I still have a way to go. I have a bone spur and some other medical issues I want healed. The vitamins I now take are Andrews Lessmans Vitamin D3-2000UI (10,000) K1/K2 (1000), Calcium(2500) Magnesium (1200) per day. Again, thanks for the valuable information provided to us. I am planning to put my husband and brother on this program. They both need it! **My present doctor is learning as much as he can from me. I am his only patient that he knows of taking this

much Vitamin D and he has noticed the huge improvement. I am expect that it will work for you..if you just give it a shot.

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Customer Reviews

There's good information in this book, but it is very painful to read. The author just writes what he's thinking when he's thinking it. There is no table of contents because there is no organization to the book. Yes, it's only \$2.99, but the author could put a little effort into organization and editing out of respect for his readers. Also, the title is very misleading since Lupus is only mentioned a few times in the book, and usually only when lumped together with other autoimmune conditions.

It's best to read Abram Hoffer's Epic Work, Orthomolecular Medicine for Everyone before reading Jeff's book. Dr Hoffer (PHD/MD) and Dr Linus Pauling (2x nobel) prize winner in medicine founded the sciences of Orthomolecular Medicine , Orthomolecular Nutrition, and Orthomolecular Psychiatry over 30 years ago. Orthomolecular medicine uses high doses of Vitamins, Minerals, amino acids, enzymes, antioxidants, and other orthomolecular substances and nutrition to treat Chronic and terminal diseases. Hoffer used does of 10k to 20k IU of Vitamin D3 to treat MS, and Lupus suffers,

but he was primarily a psychiatrist who was forced to start treating chronically and terminally ill people as the MD care was so bad. Jeff has rediscovered a lot of the work and pushed the vitamin d levels to much higher than Hoffer and other Orthomolecular MDs did. The current MD treatment for lupus is chemo, steroids, failed kidneys and death. This book, along with Hoffer's books on Orthomolecular Nutrition and Medicine are must reads for all Lupus sufferers. Kudos to Jeff. Low Dose Naltrexone Therapy may also be of benefit to Lupus, MS and Crohns, and Cancer sufferers.

I like the ebook. I'm taking D3, K2, and K1. My Lupus turned out to be drug induced. When I stopped taking that med, it went away. However, it turned out that I had Lupus and another skin condition at the same time. It's too early for me to say how it's working.

I borrowed this book from a friend and if I actually owned it I would have lit it on fire. I was diagnosed with SLE in 1995 and have tried pretty much every type of treatment (medication, natural, vitamin based, smoothies, holistic, etc.) I have done extensive research into several different types of "quick cures" and it's all been rubbish. Mr. Bowles if you truly knew anything about lupus you would know that the disease is so varied and individualized that it is irresponsible of you to say that your 7 week cure will cure lupus. Every lupus patient experiences different symptoms and is affected in different ways. No two Lupus patients have the same experience. Though your suggested treatment may help some patients it will not cure all if any Lupus patient, and especially not in 7 weeks. This book should be banned and you should be ashamed of taking advantage of people who are desperately trying to find some type of relief. As stated earlier it's been almost 20 years that I have been struggling with SLE. I've had more procedures and treatments than I can count. I would give anything for someone to come up with a legitimate cure so that I no longer had to live with all the pain and suffering. But THIS IS NOT IT! Jeff T. Bowles YOU are the LUPUS SCANDAL! Please don't waste your money on this rubbish!

I happened to come across Jeff's book on D3 which I found fascinating. In my family my son (18), my daughter (11), my wife and myself and my mom (74) are all taking high doses (10,000 IU to 30,000 IU per day) and we have benefited in unexpected and amazing ways. My son gained height. My mom's blood pressure medication was cut down to half by her endocrinologist, now her blood sugar is coming under more control, so in the next meeting with the doctor, we expect the diabetes medication to be reduced too. I have personally gained more energy after 2 decades ... never felt better in life. So, I fully trust Jeff's new book on LUPUS will be as path-breaking as the D3 book. If

you or a loved one is suffering from the debilitating disease of LUPUS, I urge you to give Jeff's discovery a try. And, the best part is there is no risk. If it helps you trust my message, I want to point out that I used to work as software engineer at Intel in California.

I wish what this book proposes was actual reality. This is not the first time I've practiced what is described in this book...lupus can not be cured like the author says. I wish it could.

This book has almost nothing to do with Lupus - one superficial case that describes a mild case of Lupus. My wife has Lupus SLE and its very misleading to title this book this way.

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HIGH DOSES OF THE SUNSHINE HORMONE VITAMIN D3 MY EXPERIMENT WITH HUGE
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